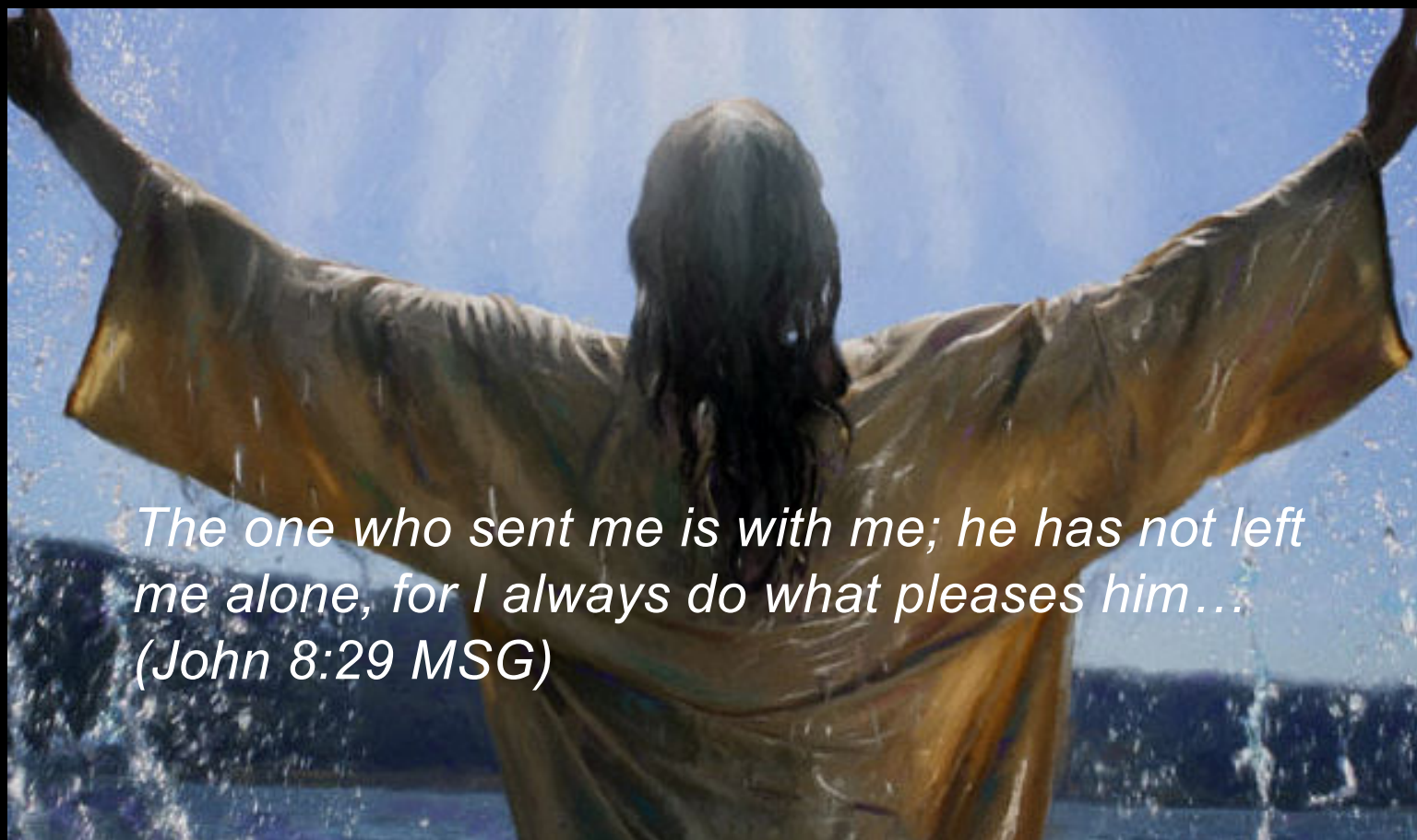


The Big Hug: The Key to a Vibrant Life



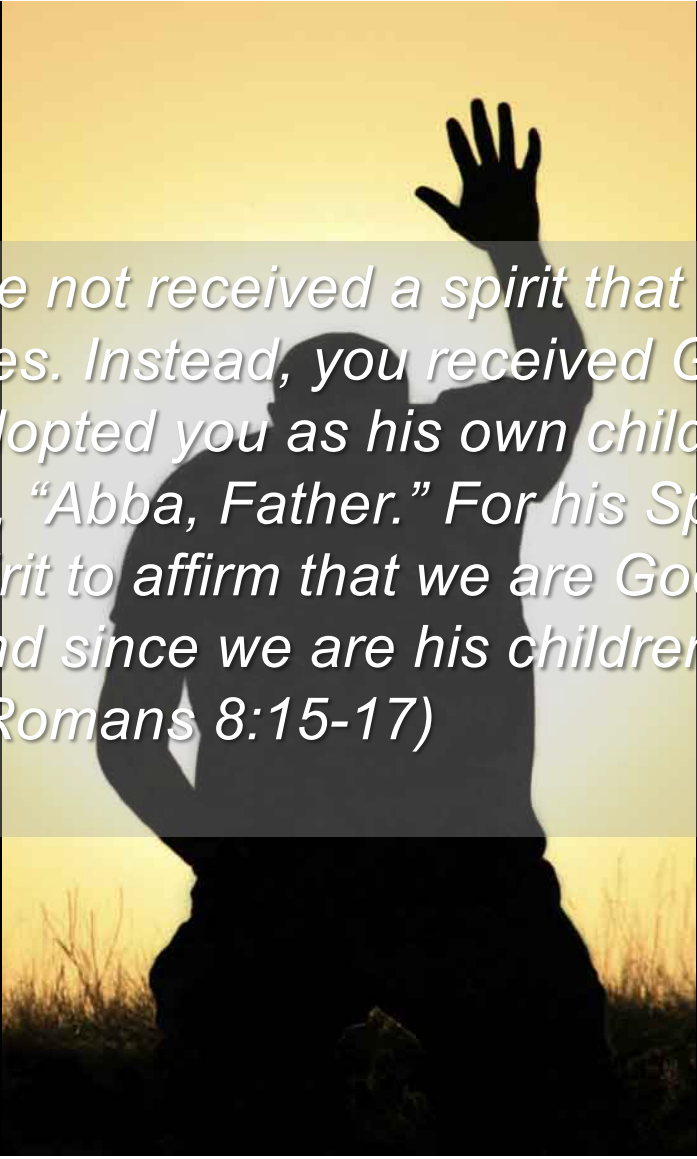
At this time, Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. The moment he came out of the water, he saw the sky split open and God's Spirit, looking like a dove, come down on him. Along with the Spirit, a voice: "You are my Son, chosen and marked by my love, pride of my life." (Mark 1:9-11, The Message)






*The one who sent me is with me; he has not left
me alone, for I always do what pleases him...
(John 8:29 MSG)*



A silhouette of a person standing with their arms raised in a gesture of praise or prayer, set against a bright, golden sunset sky. The person is positioned in the center of the frame, with their right arm raised higher than their left. The background is a gradient of yellow and orange, suggesting a low sun. The overall mood is one of spiritual joy and devotion.

So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father." For his Spirit joins with our spirit to affirm that we are God's children. And since we are his children, we are his heirs. (Romans 8:15-17)

A silhouette of a person, likely a man, is shown from the waist up. He is facing slightly to the right, with his right arm raised and his hand open, palm facing forward. The background is a bright, glowing yellow, suggesting a sunrise or sunset. The person's shadow is cast against this light. The entire scene is framed by a black border.

For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love. (Romans 5)

